



DRAGONBOAT RACE DAY 2024

JUNE 29 • WATERFRONT PARK • BEAUFORT, SC

Hello Captains!

Registration is now “Closed!” We have a full field of 30 teams. Congratulations, this should be a great race day.

Now is the time to **schedule your practice**. We will be conducting a mandatory practice June 26, 27, & 28. We will be putting 3 boats at a time on the water starting at 4:30, 5:30, & 6:30 each day. Please **give me your first and second choices** that you would like. Please **be mindful of the working people**, and the hospital people traveling up from the Hilton Head area. A lot of those teams may want the 6:30 slot. Please try to arrive a half hour before your actual time to be on the water. We will review safety boat instructions, and touch on the paddling stroke. If you cannot make your scheduled team practice let me know and I may be able to put you on another boat.

As we get closer I will confirm your practice time and what you should bring.

I still have some teams with **NO Bio**. Please add something. Tell us about your team.

Please get your paddlers listed on your team. I am seeing some teams with **NO Paddlers loaded**. You cannot fundraise if you have no paddlers! All they have to do is log onto the website and **“Join” your team**. Please make this a priority....

I have been getting emails asking all types of questions. Below is some helpful information.

- We do ask all paddlers to fundraise! This is the whole purpose of race day. All money raised goes to aiding cancer patients of Beaufort County. Dragonboat Beaufort is a non-profit organization. We are halfway there! Get your paddlers listed on your team.

SUPPORTING DRAGONBOAT BEAUFORT'S CANCER SURVIVOR MISSION

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- We ask for 20 paddlers, one Drummer, 2-3 alternates. We will accept a minimum of 16 paddlers in a boat, but we would really like to see 20. All participants must be 16 years and older.
- There must be at least 8 women paddling in each race, with the exception of the “All Men’s Division”.
- For the Cancer Division; it is required to have 8 cancer survivors paddling in each race.
- For the Senior Division; All paddlers and a drummer must be 50 or older.
- Men’s Division; All Men
- There will be 3 races on a 200 meter course run by 22 Dragons at WaterFront Park. No floating docks for race start assistance.
- We supply a 42 foot Dragonboat, paddles, floatation devices, and a professional oarsman. If you have your own floatation device, use it.
- **NOTE;** No other teams oarsman will be permitted to steer due to water safety. We require this due to Beaufort having very strong tidal basin waters.
- One, 10x10 tent will be provided. All other tents are not allowed due to the park staking restrictions.
- One mandatory practice session for all local teams is required. Practices will be held the Wednesday, Thursday, and Friday of RaceDay week.
- Optional practice for Club Teams traveling from out of town.
- If you would like to become a member of Dragon Boat Beaufort you can do so through our website; dragonboatbeaufort.org Membership fees are \$100/year. “Join The Movement”

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FUN THINGS HAPPENING DURING RACEDAY;

Race Day is a fun filled day! Besides the **three races** we run throughout the day, we have several other things happening. We start our day with a **7:00AM Captains Meeting** to review, follow up, make sure waivers have been signed, and any other questions you may have.

There will be a ten minute **exercise warm-up** to music by our very own Jeff “T-Bone” Taylor from 104.9 The Surf. There is a Best Dressed **Drummer Parade** across the Waterfront Park stage to make us all smile at the great talents each team has to offer. We have moved our **Carnation Ceremony** for the Cancer survivors and their families this year to lunch time. We do not want anyone to miss this special event.

Throughout the day, we will also **give out awards for** the Best Decorated Tent, Best T-Shirt Design, and Individual/Team Fundraising. The top Team fundraiser will receive **FREE** registration for next year’s race.

At the end of the day there will be **medals awarded** for race times, various categories, and top teams in each division. I may be biased, but I think we run a pretty smooth race!

Paddles Up!!!

Darlene McGrath

Race Day Teams Coordinator

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