

DRAGONBOAT RACE DAY

DRAGONBOAT RACE DAY RULES DOCUMENT

GENERAL

- The Dragonboat Races are under the supervision of the “Chief Race Official” who retains authority over all matters related to racing. The CRO leads the Team Captains meeting and will address all questions before racing begins.
- ALL Team Captains are required to attend the Captains Meeting, the morning of the race.
- ALL teams must have a **minimum of 8 female paddlers** in every race.
- Each team **must provide their own drummer**, who actively drums during each race. Participation in the “Drummer’s Parade” is highly encouraged.
- The minimum number of paddlers for any team is 16.
- The minimum age of each paddler is 16 years old.

SAFETY RULES

- The **steersperson is in control of the boat**. Listening to his/her instructions is mandatory at ALL times. Failure to listen to a steersperson’s instructions puts the entire crew at risk.
- Paddlers will be assisted into and out of the boat.
- Know your seat partner. In the event of a capsize, locate that person, and stay with the boat. Wait for instructions from the Safety/Rescue boat. Drummers will “buddy” with the pacers. Steersperson with the last two paddlers.
- If a paddler becomes ill or exhausted, raise and wave your hand to get someone’s attention.
- Anyone found to be **INTOXICATED** will not be allowed to board a boat.
- All crews must remain in their lane for the duration of the race. Leaving your lane may result in a 2-second penalty at the discretion of the CRO.
- Unless absolutely necessary, and under the control of the Coach, it is **strictly forbidden** for a paddler to stand up in the boat. Especially, at the finish of the race.

ETIQUETTE

- All participants are expected to treat the officials, organizers, volunteers, and fellow competitors with respect.
- All teams are expected to follow the rules and regulations of racing and respect the judgment of the officials.